

PSHE Overview

Year 6

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
	Linden Learners	Family and Relationships	Health and Well-Being	Economic Well-being	Citizenship	Safety and the Changing Body
Well-Being	Discover: Goal setting		Take notice: Myself	Connect: Community	Give: Apologising	Move: Brain breaks
Lesson 1	What are our Linden Rules and Linden values?	Respect	Taking responsibility for my health	How do people keep money safe?	Human Rights	Physical and emotional changes of puberty
Lesson 2	How can we use talk successfully in the classroom?	Respectful Relationships	The impact of Technology on my health	What are the risks of gambling?	Prejudice and discrimination	Conception
Lesson 3	How can we regulate our emotions?	Challenging Stereotypes	Resilience Toolkit	What career routes are there?	National democracy	Pregnancy and birth
Lesson 4	Kapow Well-Being Y6 Lesson 1 Discover: Goal Setting. To discover how to set achievable goals.	Resolving conflict	Immunisation			First Aid: Basic Life Support
Lesson 5		Change and Loss	Physical health concerns			Alcohol
Lesson 6						Social Media