



PSHE Overview

Year 2

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
	Linden Learners	Family and	Health and Well-	Economic Well-being	Citizenship	Safety and the
		Relationships	Being			Changing Body
Well-Being	Discover: Perseverance		Take notice: Colour	Connect: Compliments	Give: Generosity	Move: Nature walk
			expression			
Lesson 1	What are our Linden Rules and Linden values?	Families are all different	Experiencing different emotions	Where does money come from?	Rules beyond school	Communicating online
Lesson 2	How can we use talk successfully in the classroom?	Unhappy friendships	Developing a growth mindset	Exploring wants	Similar yet different	Secrets and surprises
Lesson 3	How can we regulate our emotions?	Introduction to manners and courtesy	Healthy diet	Exploring needs	Giving my opinion	Appropriate contact: My private parts
Lesson 4	Kapow Well-Being Y2 Lesson 1 Discover: Perseverance	Change and loss	Looking after our teeth			Appropriate contact: My private parts are private
Lesson 5		Gender stereotypes: Careers and jobs				Lesson 9: Staying safe with medicine
Lesson 6						