

PSHE Overview

Year 3

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
	Linden Learners	Family and Relationships	Health and Well-Being	Economic Well-being	Citizenship	Safety and the Changing Body
Well-Being	Discover: Practice makes perfect		Take notice: Making a difference	Connect: Shared interests	Give: Appreciation	Move: Motion detection
Lesson 1	What are our Linden Rules and Linden values?	Healthy families	My healthy diary	How do people pay for things	Rights of the child	First Aid: Emergencies and calling for help
Lesson 2	How can we use talk successfully in the classroom?	Friendship conflict	Wonderful me	What does budgeting mean?	Charity	Cyberbullying
Lesson 3	How can we regulate our emotions?	Friendship conflict vs bullying	Healthy meals	What careers do people have?	Local democracy	Influences
Lesson 4	Kapow Well-Being Y3 Lesson 1 Discover: Practise makes progress	Learning who to trust	Resilience breaking down barriers			Keeping safe out and about
Lesson 5		Respecting differences in others				
Lesson 6		Stereotyping gender				